

M. Jana Hubackova  
Akademika Heyrovskeho 1178

Thursday, 28 September, 2023

Dear Jana,

Congratulations on completing the course Intensive Mat-Plus™, 2nd Edition on 10 September, 2023 conducted at Pilates Point in Brno, Czech Republic. You have demonstrated dedication, professionalism, and commitment to your education.

Successful completion of this course entitles STOTT PILATES® Certified Instructors to the following Continuing Education Credits (CECs):

Accrediting Body	Course Code	Requirements	CECs
Merrithew	M1248	STOTTPILATES® Certification	4
ACE	CEP254832	ACE Certification	4

Continuing Education plays an essential role in advancing your professional development and ensuring you remain up-to-date on the latest research and fitness practices in order to provide safe and effective exercise programs for your clients. For more information, visit: <https://www.merrithew.com/instructor-training/student-resources>.

Following completion of this course, we now welcome you to pursue STOTT PILATES Certification in order to further enhance your Pilates career. To learn more about the many benefits of STOTT PILATES Certification, visit: [www.merrithew.com/instructor-training/stott-pilates/empower](http://www.merrithew.com/instructor-training/stott-pilates/empower).

To maintain your eligibility for STOTT PILATES Certification, please complete the corresponding exam no later than 11 March, 2024. For more information on STOTT PILATES examinations, visit: [www.merrithew.com/instructor-training/exams-faq](http://www.merrithew.com/instructor-training/exams-faq).

Should you need assistance regarding your future Education plans, training, or qualifications, please contact a Merrithew Education Advisor at [educationadvisor@merrithew.com](mailto:educationadvisor@merrithew.com).

Sincerely,



**Lindsay G. Merrithew**  
President&CEO

**Moira Merrithew**  
Executive Director, Education

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